

CARDS AND AURA-ESSENCES CORRESPONDING TO EPISODE 9 "MUSIC OPENS YOU UP TO SPIRITUALITY"



ANGEL SYMBOL CARDS 1 – 49

All those who need comfort and advice, or have physical ailments, can open up with these Symbols, enchanting world of angels and use their support. With the help of these spiritual tools, blockages energetic field can be dissolved, and chakras, water, food, etc. can be energized. Also different laying involve a wide range of applications. So, with the help of the powerful Symbols, questions on the of self-knowledge, life, learning task, past/present, and more, can be answered

the
in the
systems
topics



ANGEL AURA ESSENCE „GUARDIAN ANGEL“

This Angel Aura Essence is closely connected with establishing contacts with guardian angels. It both people who want to consciously contact guardian angels for the first time, and people who an existing contact with their guardian angels. The Aura Essence is highly recommended for medita- for energetic-spiritual group work.

is suitable for
want to deepen
tion groups and

ANGEL AURA ESSENCE "HIGHER SELF"

This Angel Aura Essence is closely connected with establishing conscious contacts to your Higher Self, and supports the integration of the energy of your Higher Self into the spiritual- subtle body, the physi- cal body and the body of light.



ANGEL-AURA-ESSENCE „MULTIDIMENSIONAL DNA“

This unique Angel Aura Essence is closely connected with the 12 mul- they do not exist (yet), as they cannot be investigated with technical to describe because there are no appropriate linguistic terms. We only American medium Lee Carroll. For those who feel an interest in this I recommend the book "The 12 Layers of DNA. An Esoteric Study of

tidimensional layers of the human DNA. For science, appliances. Their structure and their function is hard have channelled information and messages from the information and want to know more about it the "Mastery Within" by Lee Carroll.



ANGEL AURA ESSENCE „ENERGETIC CLEANSING“

This Angel Aura Essence builds a light channel through which an- bound souls into the light. They are particularly suitable for the subtle and living rooms, toys and clothes which have been passed on from of the entire spiritual body (aura, chakras, etc.) before bedtime.

gels lead external spiritual cleansing other children, and energies and earth- of therapy rooms for the cleansing



ANGEL AURA ESSENCE „ENERGETIC BOUNDARY“

This Angel Aura Essence is closely connected to the subtle-spiritual pro- tacks and energy losses, which are the result of daily interactions with Coruel, which provides the energies for energetic boundary, also helps the aura, the chakras, and a person's non-physical field.

tection against other people. The energetic at- Angel group energy leaks in with burnout, or en-



ANGEL-AURA-ESSENCE „ARCHANGEL RAPHAEL“

This Angel Aura Essence is closely connected to the topics of heart ener- the attributes of Archangel Raphael, who is called the Angel of healing. most health problems there is also a mental, emotional, energetic, kar- should be found and cleared.

gy, freedom, space, and of course, to We should consider that behind mic or spiritual blockage, which



Learn more about Ingrid Auer's Angel & Master Aura Essences in her book „Spiritual Essences. Interdimensional Tools for a New Age“.

i If you want to learn more about the Angel Symbol Cards and how to use them, please join us in an eWorkshop with Ingrid Auer. All you need is internet access, the respective Symbol Cards and about an hour of free time for yourself on the days of the seminar. The eWorkshop or eSeminar itself takes 10 days, but you will have 20 days to complete it (using your time at your convenience).



PRACTICAL EXPERIENCE WITH THE ANGEL SYMBOL CARDS 1– 49 AND THE ANGEL/ MASTER AURA ESSENCES

The texts for the previous shows have demonstrated how to work with my Angel Symbols on an everyday basis or use them for help with clients. The text for this show will be offering something different - two meditations which I have written myself and which are also spoken by me. Andy Eicher and Wolfgang Tejral, two musicians I have been working with closely in Austria, have composed the music. Click on the image and you will be directed to my You Tube page where you can listen to the meditations. You will also find the text there – enjoy.

ENERGETIC CLEANSING MEDITATION

Make sure you are not disturbed, and make yourself comfortable. Take the Angel Symbol Cards and look for card no. 04 'Angel for Purity and Clarity'.

If you want to, you can use an Angel/Master Aura Essence to accompany you and intensify the meditation. Choose it spontaneously and spray the Aura Essence over your head into your subtle body.

Look at the Angel Symbol Card no. 04 'Angel for Purity and Clarity' again carefully. Then make yourself comfortable, put the card on any part of your body, and close your eyes.

***B**reathe in and out deeply and peacefully.*

Let yourself go because you are absolutely protected and safe.

Relax!

Create an inner space where you can withdraw to again and again, where you can re-charge your batteries, and consciously connect with Angels, and your Guardian Angels.

This is a room, where you are protected and your subtle body is softly and gently cleansed, so that it starts to radiate again.

It is important to feel completely empty inside, like a bottle which is filled with 'liquid' light.

Relax and make yourself empty inside and free from all thoughts, as well as you can.

Look at your inner room now and feel it:

*Maybe it has the shape of a shiny crystal cave,
a cosy mountain hut,
a comfortable living room,
or an elegant vaulted hall.*

*Maybe you can see an open fire,
a cosy bed, or even a throne where you want to sit.*

Click to HEAR this meditation!



No matter what your personal room may look like, it is your inner holy room.

It is your inner sanctuary, where nobody else is allowed to enter, unless you give permission.

If there is somebody else in your inner room now, ask them lovingly – but with determination – to leave your inner room, if you so wish.

Make yourself comfortable in your inner holy room, and feel a soft white-golden ray of light come down on you.

This white-golden light cleanses your physical and your subtle body, your aura and chakras.

It is like a gentle shower of light, enveloping you.

It is pure angel light.

Let it happen, and enjoy it.

Let all your burdening thoughts and worries, which make you dependent and inhibited, flow away.

Now absorb the white-golden angel light, so that it fills up your body and your aura completely.

At the same time, you absorb lightness and joy, inner serenity and confidence.

Take your time.

Now thank the 'Angels for Purity and Clarity', and leave your inner room again.

Close the door and step by step, come back into the present, the daily consciousness.

Move your arms and legs, stretch, and as soon as you are ready, open your eyes again.

A tip at the end: to be perfectly grounded, you can spray the angel Aura Essence 'Arch-angel Uriel' or 'Lady Gaia' over your head into your aura.



This meditation was written and recorded by Ingrid Auer and is accompanied by the following background music: 'Awareness' from the CD 'Doorway to your Heart' by Lichtpunkt-records www.lichtpunkt-records.at



AURA MEDITATION WITH AN ANGEL / MASTER AURA ESSENCES

Take time, for a few minutes, and make sure you are not disturbed.

Then take an Angel/Master Essence and look carefully at the Symbol on the bottle.

Spray the Aura Essence over your head into your subtle energy field, your aura.

Then make yourself comfortable and close your eyes.

Feel how the gentle energy of your Aura Essence covers you like a soft veil.

Feel protected.

Enjoy the music and relax.

Breathe in and out deeply.

Concentrate on the Symbol on the bottle and try to look at it with your inner eye.

Get in contact with the Angel/Master whose energy your Aura Essence contains. You do not have to know more about him. Just be open for an encounter and try to feel his energy.

How does it feel?

*Strong or soft,
soothing or strengthening,
encouraging or protecting ...?*

Feel inside you, and watch how you react to the energy of your Aura Essence, and how you perceive it.

Ask the Angel/Master now to cleanse and clarify your energy field: your aura layers, your chakras, your morphogenetic field, where a lot of collective information and experiences are saved, your meridians and the subtle levels of your body cells.

Watch how the Aura Essence provides your subtle fields with new energies. Maybe you can see with your inner eye how the energies inside and around you, start to flow more strongly.

Watch the thoughts and images coming up.

Do you want to keep them or let them go?

Change them, or dissolve them?

Ask the Angels/Master to support you.

Click to HEAR this meditation!



If you want to, you can start an inner dialogue with the Angel/Master.

You can thank him, ask him questions, or for the solution of a problem.

Give yourself plenty of time.

At the end thank the Angel/Master for his support and company, for his love and care.

Step by step, come back to the daily consciousness.

As soon as you are ready, open your eyes slowly.

A final tip: for being well grounded, you can spray the Angel Aura Essence Gaia' over your head into your aura



'Archangel Uriel' or 'Lady

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