



# SPIRITUAL HELP *for* EVERYDAY LIFE

w/ **INGRID AUER®**

## "ACROSS THE RAINBOW BRIDGE"

**SPIRITUAL CARE FOR THE TERMINALLY-ILL  
AND FOR THOSE WHO ARE IN MOURNING**

Symbolically, the rainbow is a bridge from the physical world into the world of spirit. Crossing over from one to the other means death and there is hardly another process in anybody's life which can compare to dying and the grief that surrounds it. On the other hand, it can also bring us closer to spirituality. Even when we have avoided this subject for most of our life - dying, death and mourning will force us to get interested. Most industrial countries don't make room for such events in people's lives. It is not exactly a theme we care to discuss much, because, after all, it would confront us with having to get real about the finality of human existence. Spiritual support for coping with bereavement can be given without having to resort to a specific religion but does not exclude religious people either. They are benefitting just as much. Spiritual tools, with their noninvasive and nurturing energy are able to guide us through our whole life until the end.

**HOST:** Ingrid Auer, Austria and California  
**CO-HOST:** Doris Klomfar, Austria | [www.fluesterzeit.at](http://www.fluesterzeit.at)

**BOOKS (MENTIONED IN THIS EPISODE):**  
Padma Sambhava, Robert Thurman, Introduction by Dalai Lama:  
[„The Tibetan Book of the Dead“](#)

**MUSIC:** „Freedom“ / Album: „White Album“ | Composers & producers: Andy Eicher & Wolfgang Tejral, Austria | [www.lichtpunkt-records.at](http://www.lichtpunkt-records.at)



**VOICEAMERICA  
Talk Radio Show**

**NOV 16, 2015**  
2:00 PM PST  
5:00 PM EST  
11:00 PM CET



### **DORIS KLOMFAR**

resides in Vienna, Austria. She receives angelic messages and expresses her creativity as an author and painter. On an energetic level she is there for humans, animals and Mother Earth – and she is an enthusiastic Jin Shin Jyutsu practitioner and self-help teacher! As a child already, as far as she can think back, she has been able to see and feel beings who guide and aid humans, animals and even plants. She can read the hearts of people and senses their thoughts, worries and fears and is aware of their contradictions. This ability has posed a huge challenge for her in daily life and is an ongoing one.

Doris has lived through some intense times and can understand and relate to people with issues and disharmonies. It is all a learning process to love life just as it is and look at it with affection and courage. She is grateful to see the world through her own eyes and give her heart to it. She is in touch with everything and everybody. She is one of us, just like you!